A Lifetime of Cooling Degree Days: Tying Experience with Climate Data



Artist Name: Jo Field (She/Her)

What prompted you to create this piece? This piece came out of an exploration into historical meteorological data to understand how my own life has been impacted by extreme weather and how I can use an art form that has served as a creative outlet throughout my life to visualize this. I wanted to make this piece to tell the story of the nuance in climate impacts—I don't feel as though my life has been heavily impacted by extreme weather or climate change, yet this piece displays that periods of extreme heat have been a regular and increasing experience in my life.

Biography: Originally from Bristol, England, I moved to New Hampshire in 2021 to gain my doctorate in Natural Resources and Environmental Studies from the University of New Hampshire. My research focuses on resilience-building at the local level in New Hampshire, focusing specifically on extreme heat impacts and the roles of community engagement and social capital in building resilience. I live in Dover NH and outside of my PhD, I work as a fellow in the Carsey School for Public Policy at UNH, co-run a community garden, and like to spend time connecting with my community in the outdoors.

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